

CALVARY

A C A D E M I C S



The Great Commission

Disciple Maker Overview

DMO

Mentoring through Advanced e-Learning Technology

Biblical Principles of Disciple Making

Introduction (Short Version)

The imminent great harvest of souls should be the **goal** of all Christians. In pursuit of this, Leaders and Students of God's Word should all participate in accomplishing this. Our excitement is derived from experiences in eight African countries over the last twelve years. We have seen the impact on literally thousands who have turned to follow our Lord.

The Challenge

By returning obediently to implementing the elements of God's given commands we can again share in the successes of the early followers of Christ. The secret of their exponential growth is found in Matthew 28:19 – where we are also told to make disciples, as we are going (wherever we are) by teaching people to obey the WORD of reconciliation to God (2 Cor 5:19) and embracing the MINISTRY of reconciliation (vs 18) given to each believer. We must effectively implement this to the fourth generation (2 Timothy 2:2). The following **three** elements stand out for the Disciple Maker:

We are in covenant with God to minister His message of reconciliation to others:

- 1** We team up with someone else to both succeed — being sent out, **two in unity**
- 2** We select to teach those who will also **duplicate Jesus into** others (as we were)
- 3** We follow the example of Jesus by investing into **three** people to become like Jesus

We only regard our ministry successful when our three disciples also make disciples

Thus, we trust God to fulfil His promise of **being with us** even to the end of the age.

The Great Commission

As we “seek first the Kingdom of God and His righteousness”, we must implement a **strategy** to effectively accomplish the Great Commission given in Scripture to be fulfilled by **ordinary believers**. We know this since the 11 were mostly from Galilee and were not chosen from the religious leaders. Perhaps that is why the Lord told them in Jerusalem to go all the way to Galilee before giving them His important **last command**.

New believers step into a **faith relationship** with our Lord, Jesus. Someone must disciple them to share the **life in Christ in a growing relationship**. This takes time and effort. Consistent with the example of Christ we use many **life hours** to reintroduce people into FELLOWSHIP with Christ. The role of ordinary believers to give their time to help a new believer to understand and grow into **the new life** cannot be overstated.

1. The Plan Starts with Unity

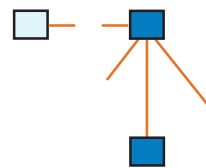


In order to meet the challenge we must **multiply** the number of persons able to **mentor** new believers. Believers being mentored means **discipleship**. Teaching someone to make other disciples is **Disciple Making**. This more involved process is what the Lord had in mind when commissioning us all. Jesus always sent out two people together to fulfil a task. Two mentors are in a relationship together to spend time in preparation to find the right ones to disciple. They pray together and encourage each other that they may both succeed in their quest to lead disciples to spiritual maturity.

2. Teaching to Duplicate

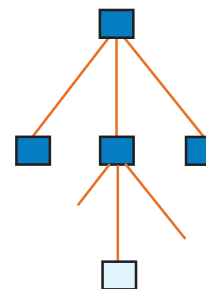
After praying in unity with the other mentor, we choose disciples wisely, looking for faithfulness and an ability to teach. This means they will be the right people to disciple and teach – to become **disciple makers**.

When we find them, we start spending **precious** and **meaningful** time with them on a regular basis. We share the love of Jesus and make them strong in **following Christ**. We also teach them, showing them Christ-like conduct, share our aim in life, exercise faith and patience in difficult times – as an example to follow **as we follow Christ**.



3. The Inner Circle – 1 to 3

Just as the Lord invested special time into three disciples who became leaders, we also aim to share our life with **three others**. The disciple maker cares for people: can listen, can build a personal relationship in order to convey the values of Christ. The **disciple maker** is committed to the great commission to **make disciples** who can **make disciples**. The structure will grow in a vibrant organism of **life in Christ**.

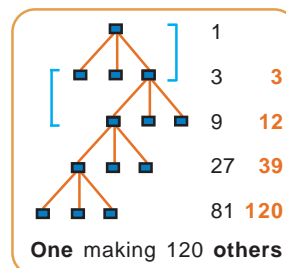


4. A Timothy Disciple Maker – 4 deep

As Paul said to Timothy that he should **invest his time** in “faithful men who would teach others also”, he formulates the plan of developing **four generations** of disciples:

1. Paul
2. Timothy
3. Faithful men who also teach
4. Others

The **initial mentors** (1) meet and pray for guidance to determine (2) **who** they will approach to disciple them to **duplicate Jesus**. They will mentor the **three** (3) **faithful men** who are then trained to find and **teach** (4) **others** also. The ultimate goal is to **multiply disciple makers 4 deep**. As they mature, the “**others**” move to form their own structure where they become **leaders** for the next inner circle of 3.



This process here depicted, extends to the ends of the earth through **multiplication**.

Scriptural Basis

We need to base everything we do **on Scripture**. Above, we have made a few points:

We are in covenant with God to minister His message of reconciliation to others.

2 Corinthians 5:18,19 God ... has given us the **ministry** of reconciliation – in Christ reconciling the world to Himself, not imputing their trespasses to them – and has committed to us the **word** of reconciliation **6:1** That you may not have received God's grace in vain.

- 1 We team up with someone else to both succeed — being commissioned **two by two**

Luke 10:1 ... The Lord appointed 70 others also and **sent them two by two** before His face into every city and place where He Himself was about to go.

- 2 We select to teach those who are also **able to teach** others (as we were discipled)

2 Timothy 2:2 [Paul writes:] The things you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also.

- 3 We follow the example of Jesus by investing into **three** people, to become like Jesus

Mark 14:33 And He took Peter, James and John with Him (see also Mark 9:2; Luke 8:51 and 9:28)

Disciple Maker Vision

Conceptual Synopsis

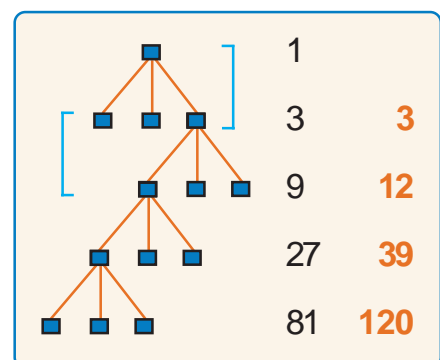
Problem Statement:

It is our considered opinion that **The Great Harvest** has started coming in, as more people are ready to “hear” the Gospel, due to more difficult times besetting our communities. However, the churches (broadly speaking) are **not ready** to receive and process **the increasing wave** that is expected.

The essence of **the Great Commission** is the answer: “... make Disciples of all nations ...”, as we “seek first the Kingdom of God and His righteousness”, trusting Him for the results. The answer to the question “**What can be done** to implement a strategy that will effectively accomplish these directives from Scripture”, has to be found.

Strategic Plan:

Based on many years of ministry in the mission fields of rural Africa, we propose the establishment of a series of **Disciple Maker Centres** in strategically chosen areas of the country, from where the **Timothy Principle of Disciple Making** can be MULTIPLIED. CLT Bible Schools that spawn and grow **satellite centres** are envisaged to form the structure around which to build this project in South Africa.



We propose the **Timothy Principle 1:3**, graphically depicted above on the right, as the model for achieving the goals we set. (Only 1 leg of the original Disciple Maker’s 3 legs is depicted, and it grows from 9, 12 and 27, to a total of 40 **Disciple Makers** over a period of 2 to 3 years; thus the original person has the capacity of growing 120 **Disciple Makers** over the 3 year period, before the cycle may even start again).

Project Proposal:

The objective is to restructure the CLT curriculum for Bible Schools to include a new **Disciple-Maker** programme to **multiply** the number of persons who can **mentor** new believers as they step into a **faith relationship** with our Lord, Jesus. Sharing the **life in Christ in growing relationships** is of critical importance.

Conclusion:

We believe that **obedience to the Great Commission** and following a tried and tested **mentoring method** is a recipe for success. Christians equipped and inspired to **reach, guide** and **disciple** neighbours, peers and family into a **growing** faith relationship with Jesus as personal Saviour is what is needed to combat the “slump” in moral, ethical and Spiritual stature of the “Church”. Let us describe this in detail:

Disciple Maker Vision

4 Main Points

1

United in Prayer

Two mentors enter into a covenant relationship. They **pray** in intercession, and choose those they can disciple according to God's given wisdom to find the right ones. This is a first life-hour for the new **Disciple Maker**.

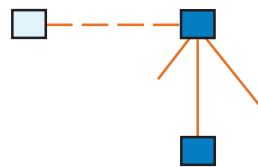


Jesus sent them out two by two.

2

Duplicate

We share the love of Jesus and make three strong followers of Christ. We also teach, show conduct, have aim in life, exercise faith and patience as example.

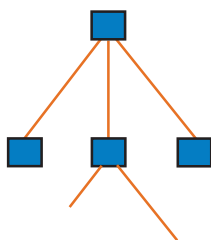


To **teach** and do as Jesus did.

3

3 Close ones

We follow the Lord's example when we pour our life-hours into three wisely chosen people — **One to three**, the basic building block of the disciple making plan — an inner circle of disciples.

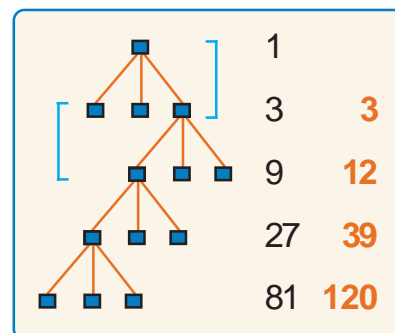


Example: Peter, James and John.

4

Affecting 4 deep

Build repeating generations, working during 3½ years: **4 deep**



Faithful men who can teach others.

As you are going and as you baptise ... **make disciples!** [you will do that by] teaching them all that I have commanded you ... — Matthew 28:19,20

Let us take a careful look at what **making disciples** is. The emphasis in the Greek is clearly on the **make** part, which is **the only verb** in the **imperative** tense in that sentence. The following three translations show the *aspect modality*, which means that going describes **how** you make disciples:

- So wherever you go in the world — God's Word
- Having gone to all the world — Young's Literal translation
- As you go into all the world — ISV (2008).

It follows just after “**All authority** in heaven and on earth has been given to me.” This makes what follows (the Great Commission), the most important statement of all.

Let us now explore the implementation of each of the four main points of the Disciple Making vision. We will make use of the same illustrations where applicable.

1. Pray in Unity

The person starting a **Disciple Making structure** does the work of a mentor. According to the example of our Lord Jesus, he or she should not work alone but be sent out on this ministry task together with someone else. They cave a covenant relationship together before the Lord in their calling as **mentors to disciples**.

Praying Together for Disciples

Two mentors, who stand in a covenant relationship, need to **pray** that they each meet the right persons, that the heart will be prepared and open to receive the vision for disciple making. An hour each week of **life time** should be put aside for prayer for wisdom and guidance. Each will work towards having three disciples in their inner circle.



Matthew 18:19, 20 Again I say to you that if two of you shall agree on earth as regarding anything that they shall ask, it shall be done for them by My Father in Heaven. For where two or three are gathered together in My name, there I am in their midst.

The **two leaders** will each start their own group of disciples and subsequently have three disciples to pray with, but initially, one person should not try **to work without support**.

God works Through Two

Whenever God appoints someone, He appoints **two to work together**. Aaron was sent as a helper to Moses to speak for him. **Barnabas** introduced **Paul** to the church and then went on some of his missionary journeys. The OT law had it as a rule that an accusation was established in the mouth of **two witnesses**. The 72 witnesses were sent out **two and two** together to bring witness to the surrounding towns about the kingdom of God. If they were to listen, by the authority Jesus gave them, they could heal the sick and drive out demons. At the end of the times two witnesses will prophesy for 1260 days (180 weeks or about 3 1/2 years). Two disciples were sent to fetch the donkey and again two disciples prepared the Passover meal. Only Judas was sent out on his own.

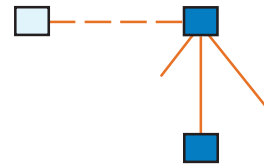
Discipleship is Duplication

Discipleship is mostly copying or duplicating a **system of beliefs**, a range of habits and a **passion** for a **vision**. By good leadership, our efforts in our Jerusalem (home town) will soon have an offshoot in our Judea (immediate areas), some places we are unfamiliar with and even to the end of the earth. If we would only listen to our Lord's most pertinent command and put our faith into action, His assurance is that **He will be with us** unto the end of the age. Discipleship will bring people to **maturity** and to the **full stature of Christ**. Duplication will eventually bring multiplication, but it is not about numbers, its about **Christ in us** birthing Christ in others also. Follow Him!

Meeting Disciples for a Life Hour

The first steps in disciple-making is **preparing** for a meeting. Jesus saw Nathaniel in the spirit under the tree before he met him. Prayer will also prepare us spiritually.

We aim to meet for a second **life hour**, this time with the new disciple. There is a simple way to initiate discussion by a few **questions**: "What are your **expectations**? What are your **fears**, your **problems**? Your genuine interest will show the love of Christ and you will soon get to know each other. Later your questions could be: "What have you learnt?" "What are you excited about?" These and other questions will give you many starters for discussion.



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|--------------------------------|-------------------------------------|
| 1. Disciple Making is personal | 5. There is a range of impartations |
| 2. It is wholesome ministry | 6. Interaction leads to changes |
| 3. There are modes of teaching | 7. Conversion will unfold naturally |
| 4. Gradually we teach all | 8. Followers may turn into leaders |

1. A Personal Relationship

The strategy embodied in disciple making is clearly a very personal one. Jesus tells his disciples to love one another **as I have loved you**. This love is according to **how the Father loves Him**. (John 15:9,12) Paul has given part of his life to Timothy. Likewise he reminds the Thessalonians ... we were ready to share with you not only the gospel of God but also **our own selves**, because you had become very dear to us. (1Thess 2:8) In the personal **close relationship** they will become accountable to each other. To the Phillippians he writes: What you have **learned** and **received** and **heard** and **seen** in me – practice these things. (Phil 4:9) Learning when he taught, receiving the example when he served, hearing when he spoke and seeing as he lived Christ.

2. It is Wholesome Ministry

Some people may be alone in the world, hated rejected, hurt and trampled upon by others. Some to a greater extent than others. Only a personal approach will reach the deep-seated problems: **Friendship** to experience acceptance, **support** to face the circumstances and **healing** to become whole again. Jesus' ministry was wholesome — not only teaching, but also healing, care, advice and He gave example of life. He was a Shepherd who cared. He spoke about **caring** for the one sheep that went astray.

Teaching

3. Modes of Teaching

The teaching that takes place over time has different shapes. Several modes of teaching methods are used. Paul says that

“You, however, have followed my **teaching**, my **conduct**, my **aim in life**, my **faith**, my **patience**, my **love**, my **steadfastness**, my **persecutions** and sufferings ...” (2 Timothy 3:10)

All these aspects of Paul’s life have taught his close friends who he is. By these he could show his character. The word **disciple** means “one who engages in **learning through instruction** from another. This is more intense than a typical **student**. A more precise definition gives a better picture: “one who is rather **constantly associated** with someone who has a particular **set of views**”. This is what Paul refers to as “my conduct, my aim in life, my faith, etc. **Instruction of disciples** has many effective facets.

4. Gradually Teaching All

Jesus said “I called you friends, for **everything** that I learned from my father I have **made known** to you”. This is a long-term way of imparting the right ways to a person through a friendship relationship. Paul refers to this method as:

... like a father with his children, we exhorted each one of you and encouraged you and charged you to walk in a manner worthy of God (1Thess 2:11,12).

From within a relationship Jesus **made known** what the principles were. At the right time the **relationship** gives the teacher the right to speak into the lives of his pupils. In Paul’s relationship he was challenging, exhorting and encouraging the people like a father.

Making disciples also involves teaching but it comes after relationship and it involves the kind of love for which the Greek word “agape” is used. It includes **shepherding** which is **caring** and **defending**. The shepherd walks ahead and shows the way. He has a voice the sheep recognise.

“We were gentle among you, like a nursing mother taking care of her own children. (1Thess 2:7)

5. A Range of Impartations

We impart by making use of the Bible: “All scripture is God-breathed and is useful for **teaching**, **rebuking**, **correcting** and **training in righteousness**.” (2 Tim 3:10) To teaching we can add rebuking (telling what is wrong in a reprimanding way), and correcting (coaching into the right direction) as well as showing God’s perfect way.

- Teaching – The values and principles of Christ
- Rebuking – Telling what is wrong in a reprimanding way
- Correcting – Coaching into the right direction
- Training – In righteousness

Head knowledge alone is not suitable to equip people in **spiritual maturity**. The skills necessary to partner in the kingdom are learned by a range of ways to **make them known**. The principles of Christ must be in the **heart**. They must be lived by **example**. The teacher knows them by **doctrine** but must be able to **explain** them in various ways.

6. Changes — The eventual Effects

The Lord was among His disciples for about three and a half years. Some things only dawned on them later, but in the time of His earthly ministry they **changed** a lot. We see a gradual transformation of the person, the **formation of character**, as they start living the Christian **disciplines** of Scripture reading, worshipping and praying. They become aware of their godly **calling** and develop a growing **passion** for sharing the good news of God's forgiveness with others. Jesus said that He would be **with us** until the end of the days while we make disciples. The Holy Spirit was given to us to help us. We will meet people and see **the change that God's love will make** to their lives, as they grow in Christ.

7. Conversion is a Natural Unfolding

When they heard this they were cut to the heart. (Acts 4:37)

Some people listen but they do not hear. The time comes when someone hears and then is cut to the heart. The gospel does not deal with the mind. At the core of man is the spirit which is the image of God, for God is Spirit. When the word is really heard, it means that a passage of hearing was open right down to the dormant spirit, waiting to be born. When Spirit speaks to spirit, man is cut to the heart. A change of heart takes place. Paul writes:

“**be renewed** in the spirit of your minds, and to put on **the new self**, created after the **likeness of God** in true righteousness and holiness.” (Eph 4:23,24)

The newness is complete and significant:

Therefore, if anyone is in Christ, he is **a new creation**; the old things passed away; behold, **all things** have become new. (2 Cor 5:17)

Advanced

8. Leadership to Followers

Where people are involved who look up to us for **guidance, direction, vision and moral support**, we have to show leadership to fulfil our role as leader. Good leaders are **honest**, have **confidence**, are **knowledgable**, have **ability** to work with people, are **listeners** and are **doers**. Those are also the qualities that **must be developed** in your disciples if they are to lead the ones they relate to. What you want to stamp out is arrogance, selfishness, ignorance, rudeness and being bossy.

- **honest,**
- **have confidence**
- **knowledgable**
- **work with people**
- **listeners**
- **doers**

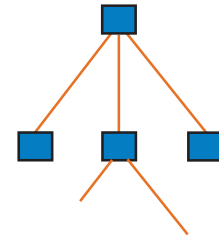
You know your Bible and the basics of **Christ's commands**. You now know what disciple making is, you have **Christ in your heart** and therefore have a passion for people, you have learned to listen to the voice of the Holy Spirit and therefore you are also a **good listener**, and you show your **faith** by putting into action what you believe. You **work** in the kingdom because you can't help it. You need no encouragement because what you plan, say, and do comes from the heart. Your disciples will follow these qualities.

3. The Inner Circle: 1 - 3

3

Converts and Followers

Jesus starts His ministry by calling a few disciples, saying: “**follow Me**”. He talks about making them “fishers of men”. After He preached to the crowds, He then **explained** His message to the intimate group. He often called **three of them** closer for His more intimate teaching sessions.



These three became the leaders of the church: James – Jerusalem, Peter – Antioch and John – Ephesus. John described the Lord’s **relationship** to him as one of **love**. Jesus describes himself as a shepherd whose voice is known and who is **followed**.

Jesus is our Example

If Jesus could have **three disciples** in His inner circle, so can we. Disciples are made by love and care – by giving your life to a few believers. First of all there is a **relationship**, then a **transformation** takes place and a **following**. The basis and motivation of the relationship is **love** and **concern** for the person. The gospels illustrate this as *togetherness*, *demonstration* of principles, learnt by *questions* and *teaching*. We must follow **Him**.

Duplication into Three

We are called to make disciples (plural). If we follow the Lord’s strategy, we will make three close disciples whom we know are **faithful** and **able to teach others** also. Strictly speaking that will make twelve disciples in all! To these three people you convey your set of views. You do not make them your disciple, but **a disciple of Christ**. You live in Christ and have the mind of Christ, since being born again, the Holy Spirit **lives in you**. (This in itself is a mystery but we accept it by faith.) This is how we are taught by the Lord, which is actually by the Spirit. We are therefore also qualified to teach others to become **like Christ**. Paul refers to this as a birthing process when he says:

... I again travail until Christ should be **formed in you**. (Gal 4:19)

The duplication process will bring forth yet another disciple of Christ. The work we do must be selfless, giving no attention to our own image, in order to give birth to the **image** God intended to be formed in His followers — the beautiful **bride of Christ**.

Outward Strategy

The group is as important as the individual. The many believers are collectively called the church, we are God’s **building**, Christ’s **bride** and **body**, and the Holy Spirit’s **temple**. No Christian lives in isolation. We must **all** come to maturity. If the fellowship of believers is to grow, there must be a multiplication. To have a **significance** in this calling and our obedience to the Lord, we must look at two things: Our **own intimate group** of three, and secondly, the work the **disciples** undertake in His vineyard, as the **outworking of their faith** — making other disciples. Our outward strategy pertains to my own group’s **duplication** and the resulting **generations**: my disciples will eventually each have three disciples who in turn will also make disciples.

4. Timothy Disciple Maker

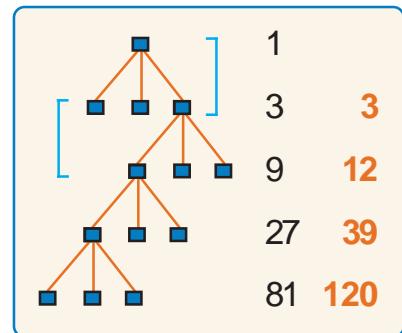
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Paul's Strategy for Timothy

When writing to Timothy about the things he has been instructed in, in front of many witnesses, he urges him to select some **faithful** men. They must in particular have the ability to pass on the knowledge **to others**. He must be selective because the intention is to spend a lot of time with those people. Such significant time-investment must be preceded by thoughtful selection. Life's journey must be planned. Jesus gives an example of a wrong strategy:

“Woe to you, teachers of the law and Pharisees, you hypocrites! You travel over land and sea to win a single convert, and when he becomes one, you make him twice as much a son of hell as you are.” (Mat 23:15)

Here we have a case of the wrong discipler, working with the wrong person, using the wrong method, and reaping a bad result. The right people must be involved. We must **shine forth Christ** and pray for His wisdom as we **select** the ones He brings us to.



The Timothy Principle

In Paul's second letter to his disciple Timothy, he encourages him to implement a disciple making strategy:

2 Timothy 2:2 “and what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also.”

Notice the four people mentioned: **1.** Paul, **2.** Timothy, **3.** reliable men, **4.** others. **Disciple Making** causes more than just one generation of change. It is intended to spread through several generations by duplication and multiplication.

It is not through the action of one preacher who reaches thousands in a mass-media method. Paul had Timothy, Silas and others as “partners in the gospel”. So when he writes to Timothy (**second** generation), the reliable men (plural) are in the **third** generation. They would reach the **fourth** generation as they reached out, being **able** to teach others also.

A Repeating Structure

At the top of the structure should be the strongest disciple maker, the initiator who prays with another mentor (see point 1). The following may perhaps form the structure:

- The fellowship leader or elders
- The workers of the fellowship
- Mature believers – the core group
- New and young believers

In the top of the structure are the fellowship leaders, the mature established leaders and workers who disciple the core group who are in turn able to teach the new converts. As the new converts become established and attain the potential to take up a leadership role themselves, they may eventually move out of the structure to begin their own or to help other new leaders to disciple other believers. A restructure can be done after 3 to 4 years.

Christian Life Balance Sheet

You are a Christian and consider yourself a good person. You want to know more and experience a deeper life in your spiritual walk with God. Don't we all feel like that? Read the following 7 points and draw up a **balance sheet** of where you are in your **Christian life**.

1. Understanding Salvation

A Christian has acknowledged to God that he or she is a **sinner at heart**, not only because of any specific sins but because we always turn to sin in some way or another. We are inherently bad and tend to follow the desires of the **old nature**. To restore this broken relationship, God has provided the **way of salvation**. Asking God to save must come with an honest acknowledgement of our weaknesses and a sincere plea for forgiveness. With that goes our total acceptance of **who Jesus is** and what He has done for us on the cross. He has forgiven those who accept Him in faith as Son of God, Saviour of sinners and true everlasting **Lord and Friend**. To such believers God gives freely: **forgiveness, peace and joy of freedom** as well as the **righteousness of Christ** which we do not deserve.

2. The Holy Spirit of God

The experience of salvation is as a result of the working of the Holy Spirit in our life. We respond in faith, answering with repentance of our sin and acceptance of His free gift of salvation. Our first willing response to the prompting of the Holy Spirit leads us to experience a beginning of **new life in the Spirit**. We are born **from above** as to our **spirit being**, restoring the image of God. In the spirit dimension we are able to believe or "have faith", resulting in a **changed character** with a new way of life of patience, longsuffering, mercy and being capable of making peace. As saved people we are able to see **the power of God's reign** in action in our life. This is called a life in the Spirit or being "**in Christ**".

The Lord Jesus when He departed said that He would send another comforter like Himself, the Holy Spirit, to strengthen, advise, teach and protect us. We were told to talk about Him in order to spread the **good news** of His love for us. We explain how He died for us in order to gain God's forgiveness for our sin. To help us in our witnessing to tell everyone about **God's grace**, the Lord is still working with us to confirm what we say about Him through miracles that follow the preached Word. We then see the **power** of the Holy Spirit at work through the miracles and healing.

3. Having a Prayer Life

God intended for us to talk to Him on a daily basis. With Adam and Eve He had an appointment in the cool of the afternoon in the beautiful Garden of Eden. For the Lord Jesus prayer was so important that He did nothing unless **He saw** what the Father intended Him to do. We can also have a prayer life like that. Prayer is **communication** with God. It is about getting two minds together. God hears what you are thinking and in turn you hear what God has in mind for you, within your circumstances and for your future.

When we **pray** we do not have to have a lot of words or use a very **learned** kind of vocabulary. If you think of who God is – your heavenly Father – you can speak to Him just like you would speak to your earthly father. Of course, you must remember that you should have an endless amount of **respect** for God. Think of who He is when you speak to Him. Let Him know that you know and respect Him for who He is and that you want **His rule** in your life to be established more than anything. Let Him know that you want to obey His will and that you want **His plan for your life** to be fulfilled. Ask of Him what you really and absolutely need. He knows this already but wants to hear that you receive it from His hand, should you get it. This is a good

time to sort out your **needs** from your **greeds**. What you need most of all is the daily forgiveness you have received from God. Ask Him to help you to forgive others in the same way. He is in control of the Kingdom and all its glory that you experience every day as His child.

4. Reading your Bible

God's Word is the best and most popular book to read in the whole world. It can **nourish** us. This is because it provides food in the realm of our **spirit**. God is Spirit and the deep things of God can only be understood by reading the books that were inspired by His Holy Spirit. Yes, the Bible consists of 66 books or 1189 chapters, but it still forms **one Book**, speaking to us out of **one voice**. In it we find the history of mankind and how God made a wonderful plan to **rescue fallen man** from a certain and everlasting punishment by a **holy God**.

God has revealed the cause and the plan of restoration in His marvellous book, the Bible. You can read it to get to know God better and see for yourself all the **promises** He has for you, for now and for the future. Read it to be able to **teach** other people also. Many people have a deep seated hunger for the type of food it provides. See our list of **84 chapters** for a start.

5. Living in Obedience

Having been saved Jesus became our Lord and Saviour. Salvation is instantaneous – Lordship is forever. Our relationship with Jesus is one where he calls us His **friends** and we willingly call Him **Master** of our life. We are not obliged to do **good works** in order to be saved. We obey His commands because we love Him by doing the good works that were prepared for us to do (Eph 2:10). In His wisdom He directs us in the best ways because He loves us. Just like a good earthly parent, He knows what is best for us. In **these ways** we should live. Our spiritual hearing should be tuned in to His directing, warning, and loving voice – obey Him!

6. Witnessing to Others

“*You are my witnesses*”, Jesus once said (Luke 24:48; Acts 1:8). He has no others. It is not only something you have to go and do for Him, it is a description of **who you are**. The Lord did not envisage some of His followers to decide to gather up their belongings, wave the others goodbye to become witnesses for Him. It is not something you decide about doing someday (or not). You are His witness **now** – everyday, wherever you are, and whatever you do. It is therefore a **lifestyle**, not just something you do. It is not a task that you can start and finish. Be Jesus to others. Do what Jesus would have done in any given situation. Get to know Jesus through **the Word** in order to understand His **principles** and **values**. Then you will be able to **be His witness** and others will follow you. You will make **disciples**.

7. Stewardship of All you Have

Being made a friend of Jesus and a son of the Father you have been given a **great inheritance**. You owe everything you have received to the merciful **act of forgiveness** and His **giving you all** through His grace. Grace is also known as **unmerited** (undeserved) **favour**.

You owe God your life, yet there is no **debt** that has to be fulfilled or paid back. You can earn nothing by means of anything you do. Your **works** may be as wonderful as you can produce, yet they are like filthy rags compared to what Jesus did for you on **the cross**. For this great inheritance, we encourage each other to live a truly thankful life. We can show our gratefulness through acts of kindness to others. The Word encourages us to share our wealth with the **poor** and **needy**. We do this collectively through the church when we bring **a tenth of our increase** to God in the offering. This is one way of **giving** which has a promise of great blessing in return. (Malachi 3:10) Give and it will be given to you. Allow God to bless you when you give in the same way He has given His Son to you – **without holding back** and without expecting anything back in return. Yes, become like Jesus in how you handle the things you own.

Alone with God

Make an Appointment

If you want to be successful in your life in anything you do, apply time-management. Arrange your life to include a time in which your spirit can get fed in fellowship with God. You need time to reflect on His **principles** and His **promises**. At first you should put aside a short time to begin with, which will become longer and will be used more frequently — as you see how you benefit from being in His presence.

Focus on the Bible

God speaks through His Word. All that the Angels, the prophets and the Lord Jesus have said throughout the ages, and all the deeper insight the gospel writers and the letter writers have had, these wrote down their thoughts as the Holy Spirit prompted them. We can read the messages to God's people still today. God's Word is described as being **living** and **powerful**, which can reveal our innermost thoughts. It is true for all times and communicates to us God's **thoughts**, **warnings** and **promises**.

Note: see the list of Bible chapters on the next page.

Have a Long Term Plan

Whenever you go on a journey you plot out an exact route along which you will travel. Study the Bible in order to get to know what God wants to say to you. Do not only read from one book of the Bible, but set out a plan to read and study all the important chapters of the Bible. At the end of this article we will give you a list of 84 important chapters. Read one of them this week and underline at least four verses in each chapter that stand out for you.

Speak to God and Listen

Whenever you read your Bible, **God will speak to you**. When you pray, **you speak to God**. According to John 14:14 we may ask of God in prayer anything we need. The condition is that we ask in the name of **Jesus**. We then have the promise from the Lord that He will answer our prayer. When you pray, **act** in different ways: Without asking, **worship** God for who He is. Next, pray **confession** by going over the previous day. Then start with **thanksgiving** for His goodness. Think about His love, mercies and the wonderful life you received by His grace. Lastly you can ask for favours by praying in **Supplication**. Remember the four acts of the soul to God:

- A**doration (worship Him)
- C**onfession (tell Him all)
- T**hanksgiving (for His goodness)
- S**upplication (to receive from Him)

Write down the **things** and the **people** you pray for and be ready to write down the **answer** you receive later. Leave a space for this right next to your recording of the original request.

Apply God's Principles in your Life

As you study and allow God's Spirit to speak to you, you will become aware of many of God's principles which have an application in everyday life. You will often learn about something new, only to be able to apply it the very same day. This is God helping you to understand His heart more deeply, by providing an opportunity for practical application. Listen to the promptings of God's Holy Spirit to do new things according to the truths you learn from the Word and from hearing His voice.

As you get alone with God you will get closer to Him - until you can experience His heartbeat.

Christian Virtues

When we have faith it is not of ourselves, but given to us as a gift of God. It is the first principle of grace and to faith we must add, being the basis and foundation of all good works, that it should not stand on its own. There ought to be virtue also, or good works along with it, by which faith may be perfected, in the sense that our faith in Christ may appear to be true and genuine.

Where there is true faith in Christ, we should stand firm and there should be a holy boldness to proclaim it. Bringing faith into action and to let it live we nurture Christian virtues, which are the fruits of the Spirit of God, and the fruit of his grace (they spring from the grace of God, are done in faith, by the assistance of the Spirit of Christ). These virtues operate by strength received from him, and directed by His love, with a view to bring glory to God.

There are many virtues listed in the Bible. Here is a list of 51 virtues with scripture references to encourage every Christian to bring their faith into practical life and reality.

Gentleness

Ps 18:35; Matt 11:29; 1Th 2:7

Benevolence

Matt 25:31-46; Matt 10:42

Consideration

Philemon 1:17; Luke 14:12-14

Courage

Jos 1:1-9; Ester 4:16; Acts 20:24

Honesty

Lev 19:36; Job 31:6

Tolerance

Mar 9:19; Rom 15:1; Heb 13:32

Boldness

Prov 28:8; Heb 4:16; Heb 13:6

Sincerity

2Cor 1:12,17; Col 3:22

Diligence

Prov 12:27; 2Cor 7:11; Heb 4:11

Confidence

Ps 65:5; Acts 28:31

Contentment

Luk 3:14; Phil 4:11

Compassion

Ex 2:6; Matt 14:14; Heb 5:2

Generosity

1Kings 10:13; Is 32:8; 2Cor 9:5

Helpfulness

Acts 20:20; Luk 5:7; Heb 4:16

Orderliness

Luk 1:3; Acts 21:24

Humility

Prov 22:4; 2Tim 2:25

Patience

Rom 15:4; Col 1:11; Jas 1:3,4

Loyalty

2 Sam 3:8; 1 Chr 12:38; Mt 6:24

Forgiveness

Gen 50:17; Dan 9:9; Acts 26:18

Purity

2 Cor 11:2; Tit 2:5; 1 Pet 3:2

Perseverance

Rom 5:3,4; Jas 5:11; 2 Pet 1:6

Meekness

2 Cor 10:1; Jas 1:21; Jas 3:13

Gratitude

Ps 100:4; Rom 1:21; Eph 5:4,20

Respect

Ps 40:4; Acts 5:34; Heb 12:9

Wisdom

Ex 28:3; 1 Cor 2:6,7; Eph 1:17

Composure

Prov 15:18 & 17:27; Jas 1:19

Attentiveness

Neh 8:3; Luk 19:48

Hospitality

Rom 12:13; 1 Tim 3; Heb 5:14

Discernment

Job 12:20; 2Sam 19:35; 1Ki 3:11

Encouragement

1 Ki 22:13; Acts 4:36 & 15:31;

Servant Leadership

Mk 9:37; Lk 22:25,26; Mt 20:

Stewardship

Mt 25:14-21; Gen 39:4,5; Lk 16:8

Commitment

Rom 12:1,2; Jos 24:14,15; Heb 3:17,18

Dependence on God

Is 10:20; Mat 6:25,26; Phil 4:6

Integrity

Gen 20:6; Prov 11:3; Tit 2:7

Passion

Luk 19:41; Acts 14:15; Jam 5:17

Obedience to God

Rom 16:19; 1Cor 10:5

Self-discipline

1Cor 9:24-27; Gen 4:6,7

Accountability

Matt 12:36; Rom 14:10-12

Friendship

Ex 33:11; Ps 101:5; Prov 13:20

Courtesy

Lev 19:32; Col 4:6; 1Pet 3:8

Faithfulness

Mat 25:21; Luk 16:10; Rev 2:10

Responsibility

1Sam 3:12-13; Mat 27:25; Heb 13:17

Peacefulness

Is 32:17; Mat 5:9; Rom 15:13

Creativity

Ex 31:3; Ex 35:35; 2Chr 2:7-9

Sacrifice

Jer 33:11; Rom 12:1; Heb 13:15

Enthusiasm

Ex 35:21; Mk 5:19-20; Rev 2:4-5

Joyfulness

Ps 4:7; Joh 15:11; Phil 4:4,5

Discretion

Prov 1:4; 2:11; 5:2; 8:12

Kindness

Ps 31:21; Prov 31:26; 2Cor 6:6

Hope

Lev 26:40-45; 1Cor 15:54-56; Phil 13:14

Christian Words for New Believers

Christians have their special vocabulary which isn't always clearly understood by new Christians. We need to ensure that we make ourselves clear when we talk about things concerning our faith. Here's a short glossary to help you get started.

- Confess** – Confess is used in two major ways in the Bible. The first type of confession is the confession or **admission of sin**. The second kind of confession is the **confession of faith**. This is where the Christian declares his or her faith, usually publicly, or declares his or her faith as a part of witnessing.
- Disciple** – Though **disciple** is often used interchangeably with **apostle** (sent ones), they are not the same thing. What confuses people is probably the fact the Jesus' disciples (who were his first **followers** and **students**) were also the first apostles. A disciple is a student and Christians are disciples or students of Christ. A disciple becomes like the one who mentors him/her.
- Grace** – Grace refers to God's love and mercy towards us even though we are undeserving. We cannot earn His grace – it's His gift to us **when we accept the sacrifice** that Christ made for us on the cross — taking our punishment.
- Holy Spirit** – Christian denominations teach that God is triune, or three beings in one. The Godhead is made up of **the Father, Jesus** and **The Holy Spirit**. The Holy Spirit is sometimes called the Holy Ghost (in older English). Some Christians describe the trinity as God the Father as the Mind, Jesus as the Body and the Holy Spirit as the Spirit (or power) of God.
- Lamb of God** – Jesus refers to Himself as the Lamb of God several times in the New Testament. In Old Testament times, lambs were used as sacrifices and **their blood washed away sins**. These lambs all pointed to Jesus. Jesus came as the final sacrifice, taking the place of the lamb.
- Redemption** – Redemption refers to the work that Jesus did to redeem our souls. To redeem is to **purchase for a price**. The price paid for our redemption was Jesus' life. We didn't have to pay the price of our sin or transgression. Jesus did it for us. For this reason He is called the Redeemer.
- Repent** – Repent means to turn away. When Christians talk about the need to repent from sin, they are saying that we need to **turn away** from those things that we know offend God. It is essentially a **change of heart**.
- Salvation** – Salvation is the gift of eternal life that God offers us. In order to claim the gift, we accept the sacrifice that Jesus made for our sins. We ask Jesus to wash away our sins so that we can come before God blameless. The price of sin is eternal death but the gift of salvation is eternal life. By taking the penalty for all our sins on the cross, Jesus can offer us the gift of salvation.
- Sin** – Sin means to **miss the mark**. Sin is what separates us from God. It's doing those things we do that we know are wrong but we do them anyway. Our goal as Christians is to strive to **eliminate sin** from our lives; to hit the mark every time and do those things that **please** and **honour God**.
- Witness** – A witness tells what he or she has **seen**. When Christians talk about witnessing, we mean that we are to tell people what we have seen Christ do in our lives. We affirm that we believe Christ to be our Saviour and were made free. Witnessing is one of the fundamental responsibilities of a Christian.

Bible Chapter Selection

There are 1189 chapters in the Bible. That is a lot to read with understanding. Start with a smaller number first. This list of 84 of **the most important Bible chapters** may prove useful to you. You are required to read four Chapters per module during your studies.

John 3 Born again	Revelation 1 Jesus who is to come	Ecclesiastes 11 Bread upon waters	Mark 15 The King forsaken for us
Ephesians 6 Armour of God	Psalms 19 God's perfect Word	John 19 The complete sacrifice	1 Thessalonians 4 Always with the Lord
Genesis 3 Fall & future	2 Chronicles 6 Blessing and prayer	Matthew 7 The Master Teacher	Genesis 12 To a land God shows
Matthew 6 Model prayer	Acts 1 Promise and ascension	Deuteronomy 28 Blessings for obedience	Romans 3 Justified by faith
Exodus 12 Passover symbols	1 Samuel 16 Servant King	Luke 2 A Saviour born to us	Joshua 24 Me and my house
Hebrews 11 Faith defined	Jude False teachers	Ephesians 2 Household of God	Matthew 28 Teaching disciples
Psalms 23 The Lord my Shepherd	Ecclesiastes 1 True Christianity	Psalms 103 All His benefits	Psalms 119 Walk in His ways
Romans 8 Life in the Spirit	2 Corinthians 5 New creation in Christ	John 15 Abide in Me	1 Corinthians 7 Married or single
Isaiah 40 God's greatness	Psalms 22 In distress trust Him	Numbers 14 Moses intercedes	Daniel 9 Your great mercies
John 17 Jesus' unifying prayer	John 20 Sent by the risen Christ	1 Corinthians 15 Resurrection explained	1 Timothy 3 Qualify for position
Revelation 21 Heaven to be with Him	Genesis 22 Father of faith tested	Luke 15 Lost and found	Luke 23 Pilate to Paradise
Deuteronomy 32 God's faithfulness	Philippians 2 In humility like-minded	John 21 Fishing and feeding	Judges 16 In death victory
1 Corinthians 13 Faith, hope, LOVE	Isaiah 55 Drink, hear, seek the Lord	Isaiah 53 Justified by the Righteous	Mark 5 Compassion healing
John 1 The Lamb of God	Romans 12 Renewing of your mind	Matthew 24 End-time signs	Psalms 51 A clean heart
Ephesians 1 Destination in Christ	Psalms 91 The Lord my Refuge	2 Samuel 7 Davidic Covenant	Galatians 3 The just live by faith
Genesis 1 Heaven and earth	John 14 The Comforter promised	James 3 Controlling mouth & mind	Psalms 1 Righteous and wicked
Matthew 5 Kingdom for the blessed	Ezekiel 37 Dry bones to life	Exodus 3 God's burning command	1 Peter 3 Wives and husbands
Hebrews 1 Jesus is superior	Colossians 1 Perfect in Christ Jesus	Acts 15 How we are saved	Job 1 Job's character test
Exodus 20 Exposing sin	Luke 24 Promise for witnesses	Jeremiah 31 Covenant promised	Matthew 27 Trial, crucifixion, burial
Acts 2 Power harvest	Proverbs 8 Excellence of Wisdom	1 John 1 True fellowship	Isaiah 6 Vision and commission
Isaiah 35 Glorious hope	Hebrews 12 Endure the race of faith	Proverbs 31 The virtuous wife	Revelation 7 Around the throne of God

Disciple Making Record

The **Certificate in Disciple Making** requires a student to build a structure of disciples — to obey the Lord's command to make disciples and Paul's instructions to Timothy to convey the basic principles "to reliable men who will also be qualified to teach others".

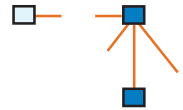
1. Prayer Partner



Name: First meeting:

How many disciples has your **prayer partner** now have?

2. Your Inner Circle Disciples



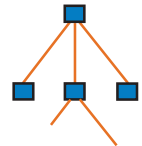
1. Name: First meeting:

2. Name: First meeting:

3. Name: First meeting:

3. Disciple's Progress

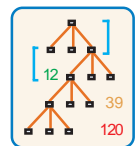
Describe each one of the above: their spiritual progress, do they meet, are they learning (know a lot, or are on the CDM course) and do they have (number) disciples of their own.



No.	Progress			Meetings		Learning			No of Disciples		
	New	Growing	Strong	Few	Regular	Know	Course	New	1	2	3
1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

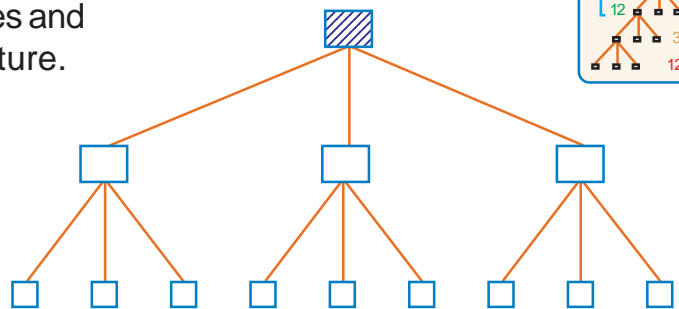
4. Your Structure (generations)

Describe the growth of your three disciples and the growth of their disciple family structure.



Choose faithful men who can teach

Assuming you have three disciples, How many do **they** have? (total in the third row)



With a red pen, colour in the blocks that are established as disciples. *Go and make disciples!*

Enter dates of meetings with your disciples (day/month):

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

Note: This report must be given to your mentor at the end of the course as proof of his/her qualification as a **Disciple Maker**

1

Disciple Making: A partner ... United in Prayer



Helping one another: Encouragement ... Empowering

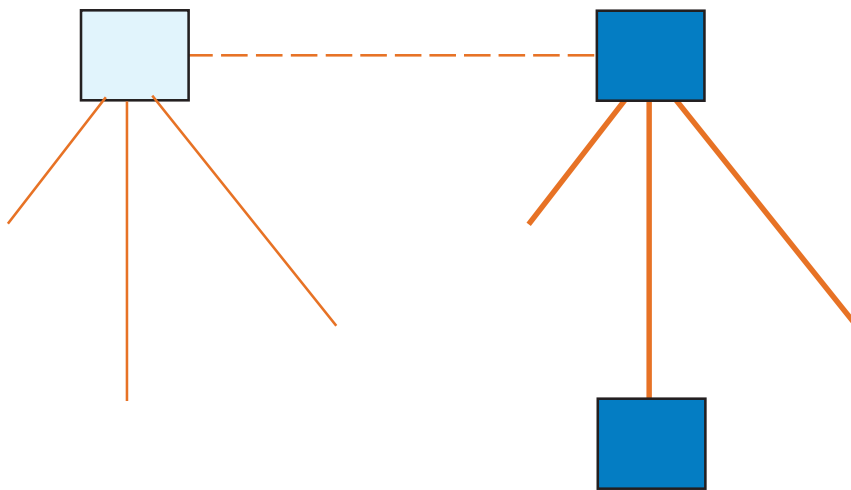
Scripture Basis: **Jesus sent them out two by two.**

Pray and work in unity

Two mentors enter into a covenant relationship. They **pray** in intercession, and choose those they can disciple according to God's given wisdom to find the right ones. This is a first life-hour for the new **Disciple Maker**.

Disciple Making: Teach to ...

Duplicate



Share with disciples:
Teaching ... Training ... Showing

Scripture Basis: **To teach and do as Jesus did.**

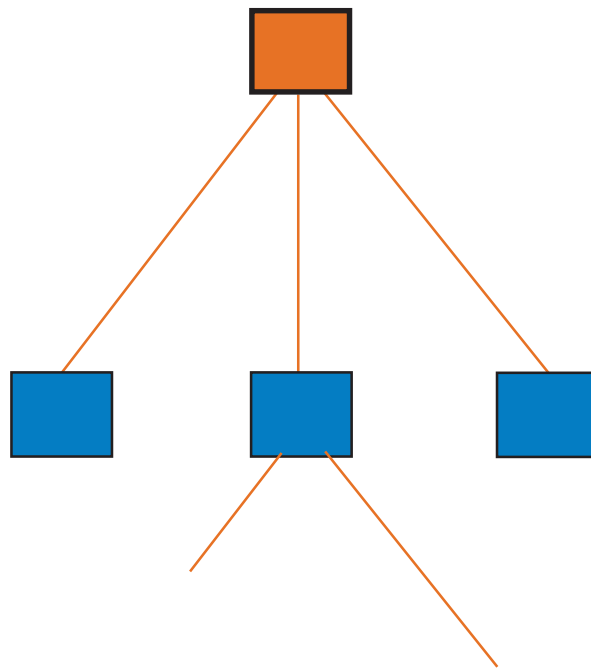
Duplicate by example

We share the love of Jesus to make three strong followers of Christ. We also teach, show conduct, have aim in life, exercise faith and patience as example.

3

Disciple Making: Inner circle

3 Close ones



Example for disciples:

Inspiring ... Leading ... Team ...

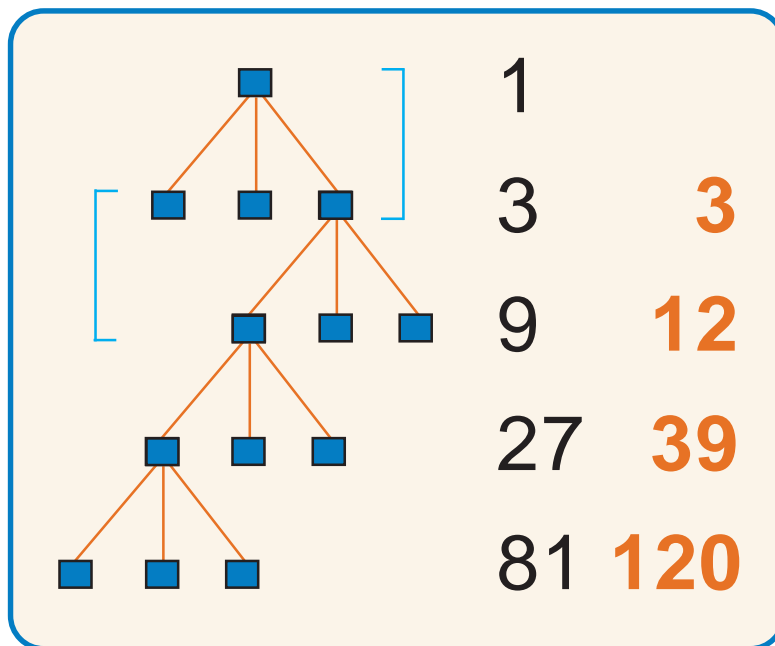
Scripture Basis: Relationship: Peter, James and John.

The Inner Circle of 3 close ones

We follow the Lord's example when we pour our life-hours into three wisely chosen people — **One to three**, the basic building block of the disciple making plan.

4

Disciple Making: Affecting 4 deep



**Long Term Aim — 3½ years:
Building 4 generations deep**

Scripture Basis: Faithful men who can teach others.

Paul to Timothy: Disciple maker model

Our goal is reached when we build repeating generations: 4 deep